



# Asthma First Aid

22282VIC Course in the Management of Asthma Risks and Emergencies in the Workplace

## Application and Relevance

This course applies to a wide range of settings where emergencies involving asthma episodes may occur. It is relevant for teachers, childcare workers, aged-care workers, disability workers, sports coaches, youth workers and designated workplace first aiders.

**Course Currency Status:** current

## Duration

4 hours face-to-face classroom/workplace training and assessment OR  
3 hours face-to-face classroom/workplace training and assessment with approx. 1 hour pre-work (online)

## Course Content

This course provides the skills and knowledge to be able to develop an asthma risk assessment and emergency management plan and provide asthma-related first aid interventions in the workplace. It contains one unit.

### VU21658 Manage asthma risks and emergencies in the workplace

This unit covers:

- + Triggers, signs and symptoms of mild to moderate allergic reactions and anaphylaxis
- + Background knowledge of the triggers, signs and symptoms of asthma
- + Risk minimisation and management strategies for asthma emergencies
- + Guidelines of asthma peak bodies
- + Emergency treatment for an asthma episode
- + Communicating details to emergency services
- + Workplace incident recording and reporting
- + Evaluating responses to asthma emergencies

## Entry Requirements

There are no prerequisite units for this course. It is recommended participants have language and literacy skills equivalent to level 3 of the Australian Core Skills Framework (ACSF). Prior to the start of face-to-face practical training, there may be a short knowledge quiz to check language, literacy and numeracy skills, as required.

## Assessment Methods

Progressive assessment throughout the course, including demonstration of practical skills and written and oral questions relating to underpinning knowledge.

## Award Issued

A nationally-recognised Statement of Attainment will be issued to all successful participants.

## Further Info

Please refer to the Student Handbook for additional information.



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