



First Aid Express Refresher

HLTAID003 Provide first aid

Application and Relevance

SAVE TIME with this express program which provides refresher training for people who have previously attained the unit. It is relevant for people working in education, aged and community care, sport, outdoor recreation, travel and tourism, hospitality, industry enterprises as well as in home or other environments.

Course Currency Status: current

Duration

Express refresher: 4 hours face-to-face classroom/workplace training and assessment with up to 4 hours online pre-work

Course Content

This course provides the skills and knowledge required to provide first aid response, life support, management of casualty(s), the incident and other first aiders until the arrival of medical or other assistance. Topics include:

- + Assessing an emergency situation
- + Airway and breathing management
- + Cardiopulmonary Resuscitation techniques
- + Automated External Defibrillation
- + First Aid management of the unconscious casualty
- + Medical conditions including cardiac, diabetes & epilepsy
- + Infection control and First Aid for minor wounds
- + Allergic reactions and asthma
- + Control of major external bleeding and shock
- + Management of near drowning
- + Hyperthermia and hypothermia
- + Burns and electric shock
- + Eye and soft tissue injuries
- + Venomous bites and stings
- + Fractures and spinal injuries
- + Head, chest and abdominal injuries
- + Assessment of the sick and injured
- + Communicating details of an incident
- + Debriefing and evaluation of response to critical incidents



Entry Requirements

For the EXPRESS refresher program, participants will need a current, in-date Statement of Attainment for this unit. Participants will also need the ability to meet the physical demands of providing first aid, as well as oral communication skills to make an accurate verbal report to emergency services and workplace supervisor.

Assessment Methods

Progressive assessment throughout the course, including demonstration of practical skills and written and oral questions relating to underpinning knowledge. Note that the provision of CPR must be demonstrated on the floor.

Award Issued

A nationally-recognised Statement of Attainment will be issued to all successful participants.

Further Info

Please refer to the Student Handbook for additional information.



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Registered Training Organisation 3586

LivCor is the new brand name for
APL Healthcare and Australian First Aid (est. 1988)

