

Asthma First Aid



22556VIC Course in the Management of Asthma Risks and Emergencies in the Workplace

Application and Relevance

This course applies to a wide range of settings where emergencies involving asthma episodes may occur. It is relevant for teachers, childcare workers, aged-care workers, disability workers, sports coaches, youth workers and designated workplace first aiders.

Course Currency Status: Current

Duration

4 hours face-to-face classroom/workplace training and assessment; OR
3 hours face-to-face classroom/workplace training and assessment with approx. 1 hour pre-work (online).

Entry Requirements

There are no prerequisite units for this course. It is recommended participants have language and literacy skills equivalent to level 3 of the Australian Core Skills Framework (ACSF). Prior to the start of face-to-face practical training, there may be a short knowledge quiz to check language, literacy and numeracy skills, as required.

Assessment Methods

Progressive assessment throughout the course, including demonstration of practical skills and written and oral questions relating to underpinning knowledge.

Award Issued

A nationally-recognised Statement of Attainment will be issued to all successful participants.

Further Info

Please refer to the Student Handbook for additional information.



Course Content

This course provides the skills and knowledge to be able to develop an asthma risk assessment and emergency management plan and provide asthma-related first aid interventions in the workplace. It contains one unit: VU22927 Manage asthma risks and emergencies in the workplace.

This unit covers:

- triggers, signs and symptoms of mild to moderate allergic reactions and anaphylaxis
- background knowledge of the triggers, signs and symptoms of asthma
- risk minimisation and management strategies for asthma emergencies
- guidelines of asthma peak bodies
- emergency treatment for an asthma episode
- communicating details to emergency services
- workplace incident recording and reporting
- evaluating responses to asthma emergencies