

Basic Emergency Life Support



HLTAID010 Provide basic emergency life support

Application and Relevance

This course applies to a variety of settings where life-threatening emergencies may occur. It is relevant for all people who may be required to provide an emergency response in a range of situations, including community and workplace settings.

Course Currency Status: Current

Duration

2 hours online or workbook pre-work plus 4 hours classroom or workplace practical skill training and assessment.

Entry Requirements

There are no prerequisite units. Participants will need the ability to meet the considerable physical demands of providing basic emergency life support. Participants will also need oral communication skills to make an accurate verbal report to emergency services and workplace supervisor. Prior to the start of face-to-face practical training, there may be a short knowledge quiz to check language, literacy and numeracy skills, as required.

Assessment Methods

Progressive assessment throughout the course, including demonstration of practical skills and written and oral questions relating to underpinning knowledge. Note that the provision of CPR must be demonstrated on the floor.

Award Issued

A nationally-recognised Statement of Attainment will be issued to all successful participants.

Further Info

Please refer to the Student Handbook for additional information.

Course Content

This course provides the skills and knowledge required to recognise and respond to life-threatening emergencies using basic life support measures.

Topics Include:

- Introduction to first aid principles
- Assessing an emergency situation
- Airway and breathing management
- Cardiopulmonary Resuscitation techniques
- Automated External Defibrillation
- Infection control
- Allergic reactions and anaphylaxis emergencies
- Asthma emergencies
- Control of major external bleeding and shock
- Communicating details of an incident
- Debriefing and incident review

