

# CPR Training



## HLTAID009 Provide cardiopulmonary resuscitation

### Application and Relevance

This unit describes the skills and knowledge required to perform CPR in line with the Australian Resuscitation Council (ARC) guidelines. It applies to all persons who may be required to provide CPR, in a workplace or community setting.

**Course Currency Status:** Current

### Duration

STANDARD: 1 hour eLearning + 2 hours face-to-face training and assessment; OR

EXPRESS\*: 1 hour eLearning + 45 min online class with trainer demonstration + 1 hour face-to-face assessment.

### Entry Requirements

There are no prerequisite units for entry into the 'Standard' blended delivery course.

\*For entry into the 'Express' blended delivery course, LivCor requires a current, valid certificate for HLTAID009.

Participants will need the ability to meet the physical demands of providing resuscitation. Participants will also need oral communication skills to make an accurate verbal report to emergency services and workplace supervisor. Prior to the start of face-to-face practical training, there may be a short knowledge quiz to check language, literacy and numeracy skills, as required.

### Assessment Methods

Progressive assessment throughout the course, including demonstration of practical skills and written and oral questions relating to underpinning knowledge.

Note that the provision of CPR must be demonstrated on the floor.

### Award Issued

A nationally-recognised Statement of Attainment will be issued to all successful participants.

### Course Content

This course provides the skills and knowledge to be able to handle cardiac emergency situations.

#### It Includes:

- Introduction to first aid principles
- Assessing a cardiac emergency situation
- Airway and breathing management
- Performing chest compressions
- Administering rescue breaths
- Infection control procedures
- Resuscitation techniques
- Using a defibrillator (AED)
- AED maintenance



### Further Info

Please refer to the Student Handbook for additional information.