

First Aid Training



HLTAID011 Provide First Aid

Application and Relevance

This unit describes the skills and knowledge required to provide a first aid response to a casualty in line with first aid guidelines determined by the Australian Resuscitation Council (ARC) and other Australian national peak clinical bodies.

The unit applies to all persons who may be required to provide a first aid response in a workplace or community setting.

Course Currency Status: Current

Duration

STANDARD: 4-5 hours eLearning or workbook + 7 hours classroom or workplace training and assessment; OR

EXPRESS*: 4-5 hours eLearning + 1.5-hour online class with trainer demonstration + 2-hour skill assessment.

Entry Requirements

There are no prerequisite units for entry into the 'Standard' blended-delivery course.

*For entry into the 'Express' blended-delivery course, LivCor requires a current, valid certificate for HLTAID003.

All participants will need the ability to meet the physical demands of providing first aid. Participants will also need oral communication skills to make an accurate verbal report to emergency services as well as the written communication skills needed for completion of a First Aid Incident Report. Prior to the start of face-to-face training, there is a short quiz to check language, literacy and numeracy skills and to authenticate the pre-work.

Assessment Methods

Progressive assessment throughout the course, including demonstration of practical skills and written and oral questions relating to underpinning knowledge. Note that the provision of CPR must be demonstrated on the floor.

Course Content

This course provides the skills and knowledge required to provide first aid response, life support and management of casualties until the arrival of medical or other assistance.

Topics Include:

- Assessing an emergency situation
- Airway and breathing management, including choking and drowning
- CPR techniques, defibrillation and AED safety and maintenance
- First Aid management of the unconscious casualty
- Medical conditions including cardiac, stroke, diabetes and seizures
- Asthma, allergy and anaphylaxis
- Contents of First Aid kits
- Infection control and First Aid for minor wounds
- Control of major external bleeding and shock
- Hyperthermia and hypothermia
- Venomous bites and stings
- Poisons / Burns
- Eye injuries / Soft tissue injuries
- Dislocations and fracture management
- Head, neck and spinal injuries
- Incident reports
- Debriefing and review of critical incidents

Award Issued

A nationally-recognised Statement of Attainment will be issued to all successful participants.

Further Info

Please refer to the Student Handbook for additional information.